

# Child Care and Elder Care Resources and Referral Services



If you are in need of child care or elder care resources your Employee Assistance Program is able to help. We can help with finding resources for home daycare, day care centers, nannies, babysitters, before/after school programs, drop in emergency centers, and home healthcare programs for children. We can also help with finding resources for elder adults including respite care, day care centers, drop in emergency centers, assisted/senior living, nursing care, memory care, and home healthcare programs.

EAP-Call: 877-698-4754, select prompt 4, then select 4 again.  
E-mail: [MyTexasHealthEAP@TexasHealth.org](mailto:MyTexasHealthEAP@TexasHealth.org); Visit: <http://MyEAP>